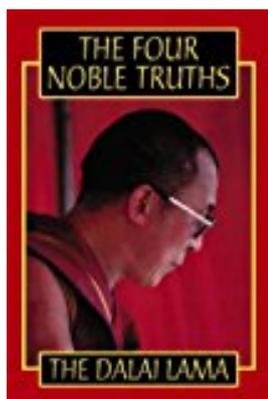


# [PDF] The Four Noble Truths

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## **Description:**

**About the Author** The Dalai Lama is the spiritual and political leader of Tibet. He is the author of several books on Tibetan Buddhism.

**From** In the summer of 1996 the Dalai Lama gave four lectures on suffering and overcoming it, which he entitled "The Four Noble Truths." Each of these lessons begins with a short introduction by Dr. Robert Thurman of Columbia University. Although he speaks English well, the Dalai Lama speaks, for the most part, through an interpreter. The interpreter speaks English very well and is easy to understand. However, this type of presentation is inherently dry, and this recording isn't an

exception. M.T.F. (c)AudioFile, Portland, Maine --This text refers to the edition.

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