

[PDF] Loving In The Moment: Moving From Ego To Essence In Relationships

Gina Lake - pdf download free book

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Description:

Review "Loving in the Moment is filled with crucial ideas that help shed some much-needed light on the true nature of love and its higher possibilities." ---Guy Finley, author of The Essential Laws of Fearless Living --This text refers to an alternate edition.

From the Back Cover We all search for love, but too often we find ourselves in difficult and challenging romantic relationships. Is there a way to find true compatibility and happiness with a partner?

Loving in the Moment offers a spiritual approach to finding love, asking us to acknowledge and then drop the preconceived ideas and judgments about others that get in the way of developing authentic

relationships. "Relationships are too often a struggle to change others and get our needs met," says counselor and author Gina Lake. But that approach is backwards, she points out, because it lacks an important spiritual component: recognizing the essence, the divine within each of us. Love is not about what others can do for us, but about giving from a place of fullness and completeness. --This text refers to an alternate edition.

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